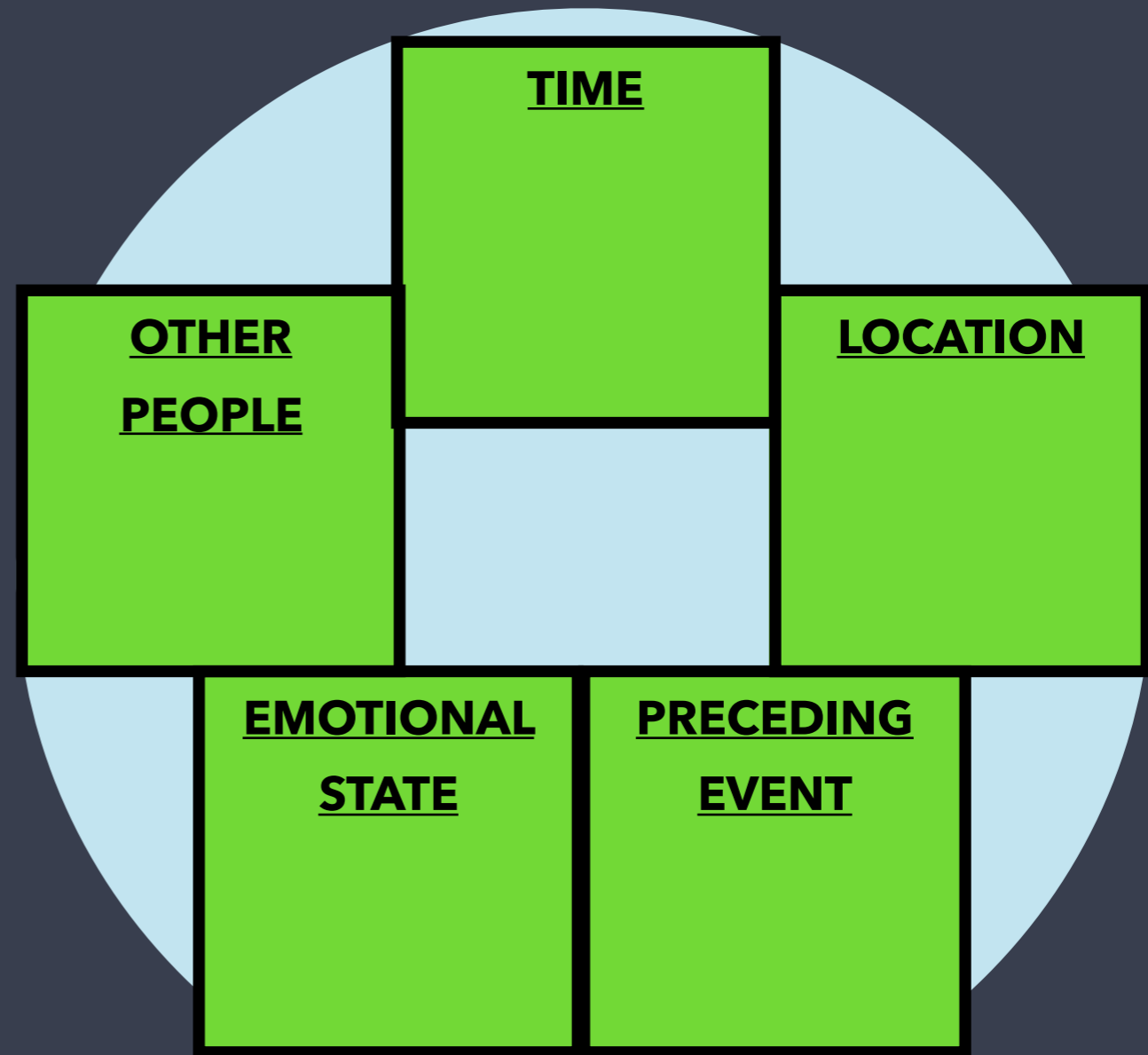


Consciousness &  
Awareness of

# THE FIVE HABIT TRIGGERS

At times , customers come to Stoop Juice seeking to change how they eat, our job is to create a plan which helps them reach their goal. Some of the customers know exactly what they want and creating a plan is easy and straight forward. Click on any habit trigger to read more.



**BY JOSE FRANCO**